



**NAME: SUSAN AARUP**  
**DISCIPLINE: SELF-ADVOCACY**

**Past/current experiences working in the field of disabilities:**

I am currently a Peer Health Navigator. I assist people with disabilities accessing and figuring out their health care needs. I've also worked on legislative policy for the both the state of Illinois and Ohio. I've also developed policy on a national level. I've worked at five centers for independent living, and for the City of Chicago.

**Goals for your LEND training experience:**

To learn from others, and to network, and develop relationships, share ideas, and develop new policies within our communities.

**What you wish to contribute, in the future, as a professional/family member in the field:**

I want to contribute my many experiences, and ideas, for a better future for all people with disabilities. I want to build/develop new projects. And I have experience in doing that for people who have been marginalized. I also believe that my faith background in ministry can be a helpful tool in negotiating conflicts or problems.