



**NAME: SARAH DEMISSIE**  
**DISCIPLINE: SELF-ADVOCACY**

**Past/current experiences working in the field of disabilities:**

I teach a leadership class to young adults with disabilities through an organization called Community Choices. I mentor a youth at school through the mentor program. I also participate in other leadership activities through Community Choices.

**Goals for your LEND training experience:**

My goals are to gain more knowledge and techniques about leadership and advocacy. My other goals are to experience working together with others and to learn how I can effectively advocate for myself and for others with disabilities.

**What you wish to contribute, in the future, as a professional/family member in the field:**

In the future, I want to continue my advocacy to promote inclusion and belonging for myself and for others with disabilities. I also hope to serve as a resource to people who work or live with people with disabilities.